



Marching Madness

Equipment:

Several pieces of rope or cloth long enough to tie two ankles together

Preparation:

Standing in file the front team member has his left or right ankle tied to the same ankle of the team member behind them. The second team member then has the other ankle tied to team member behind them. This continues alternately for all team members.

Play:

Teams can take turns to do this.

On command the team/s must try to reach as many predetermined goals as possible within a set time limit. Team to reach the most wins.