

Pull along Slides

Can be used for any ability.

Aids balance during delivery.



Partner activity. Curler is offered an end of a brush and assumes their sliding position.

Partner slowly pulls the curler along gradually building speed.

This allows the curler to feel the motion and position that they should assume during their delivery of a stone.

Over time complaints have been received regarding damage to rink curling brushes.



Alternatives include;

A walking stick with a coach hanger (Lockerbie)

A box with string (Hamilton)