

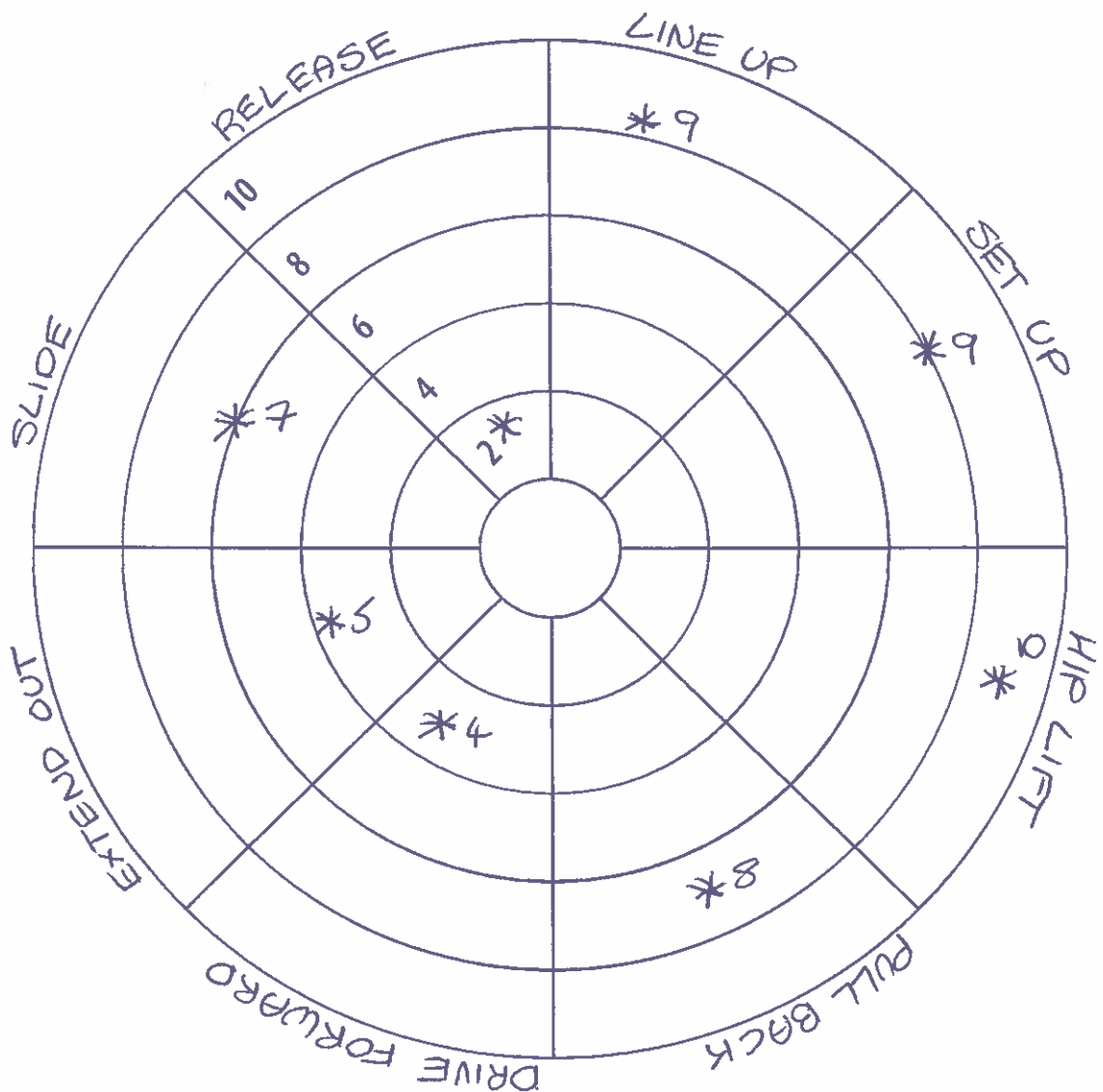
Player Profile Wheel³

Player Name

JOE BLOG

Reflect on your playing knowledge, skills and qualities. Now identify 8 areas that you would like to work on as part of your development. Remember you can also work on areas of strength as well as areas that require improvement.

Once you have prioritised these then label each outer segment of the wheel with each specific area. Now rate that skill between 1 – 10 (1 being an area of weakness requiring improvement and 10 being the highest). Now label each segment of the wheel and plot where on the scale your skill level sits.



³ The RCCC would like to acknowledge sports coach UK for the use of the Coach Profile Wheel which is used to support the professional development of coaching.